RESEARCH ARTICLE

Seasonality and interindividual variation in mandrill feeding ecology revealed by stable isotope analyses of hair and blood

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Abstract
Mandrills are large-bodied terrestrial forest primates living in particularly large social groups of several hundred individuals. Following these groups in the wild to assess differences in diet over time as well as among individuals is demanding. We here use isotope analyses in blood and hair obtained during repeated captures of 43 identified free-ranging mandrills (Mandrillus sphinx) from Southern Gabon, to test how dietary variation relates to the season as well as an individual’s age and sex. We measured the stable carbon ($\delta^{13}C$‰) and nitrogen ($\delta^{15}N$‰) isotope ratios in 46 blood and 214 hair section samples as well as from a small selection of mandrill foods ($n = 24$). We found some seasonal isotopic effects, with lower $\delta^{13}C$ values but higher $\delta^{15}N$ values observed during the highly competitive long dry season compared to the fruit-rich long rainy season. Variation in $\delta^{13}C$ was further predicted by individual age, with higher $\delta^{13}C$ values generally found in younger individuals suggesting that they may consume more high canopy fruit than older individuals, or that older individuals consume more low canopy foliage. The best predictor for $\delta^{15}N$ values was the interaction between age and sex, with mature and reproductively active males revealing the highest $\delta^{15}N$ values, despite the observation that males consume substantially less animal food items than females. We interpret high $\delta^{15}N$ values in these mature male mandrill blood and hair sections to be the result of nutritional stress associated with intense male–male competition, particularly during mating season. This is the first study showing isotopic evidence for nutritional stress in a free-ranging primate species and may spark further investigations into male mandrill diet and energy balance.

KEYWORDS
carbon, nitrogen, season, sex differences

1 | INTRODUCTION

Feeding ecology studies are essential to determine an individuals’ nutritional and energetic requirements and understand how they translate into different biological and ecological characteristics of a species, such as ranging patterns and sociosexual behavior (e.g., Chapman & Chapman, 1990; Hohmann et al., 2006; Lambert & Rothman, 2015; McGraw & Daegling, 2012). As with many other animal species, primate sociality highly depends on how food is distributed in the environment. The degree at which individuals use clumped and high energy food resources such as fruits versus much more dispersed lower energy foods such as foliage gives
insights into the evolution of sociality across primate species (Clutton-Brock & Janson, 2012; van Schaik, 1989; Sterck et al., 1997).

Compared to other terrestrial large-bodied primates in Africa, such as great apes and baboons, mandrills (Mandrillus sphinx) are clearly understudied in the wild. Our knowledge about mandrill feeding seasonality and competition is limited to a handful of studies conducted in the 1980s (Harrison, 1988; Hoshino et al., 1984; Lahm, 1986; Rogers et al., 1996) as well as much more recent work at a research site in Southern Gabon, the Lékédi Park (Nsi Akoué et al., 2017). Our current understanding is that mandrills are generalist feeders with a clear tendency towards frugivory (Lahm, 1986; Nsi Akoué et al., 2017). During a 17-month behavioral survey, 57 mandrills from the Lékédi population were observed consuming about 150 different plant species (including more than 440 different items), representing 74% of their diet, along with mushrooms (<1%), invertebrates (6%), and vertebrates (<1%) (Nsi Akoué et al., 2017). Behavioral data additionally suggest that females consumed more faunal food items than males (Nsi Akoué et al., 2017). Among the plant species frequently consumed, mandrills relied essentially on C3 plants (e.g., Xylopia aethiopica and Pentaclethra macrophylla), including bamboo, a C3 plant within the grass family Poaceae (e.g., Olyra latifolia, see Nsi Akoué et al., 2017).

While long-term and direct observations of feeding behavior generally constitute the ideal method for determining dietary differences between individuals and across seasons, this requires full habituation and long-term systematic study. In mandrills, direct observations are partially impeded by the fairly large group sizes of several hundred individuals (Abernethy et al., 2002; Harrison, 1988; Rogers et al., 1996). The use of indirect methods to study primate diets are, thus, a tempting and cost-effective alternative to some, clearly not all, aspects of direct observation. The fecal analysis provides a good overview of what food items are eaten by a primate species over short- to long-term periods and can be conducted even in unhabituated groups (e.g., Tutin & Fernandez, 1993). However, while fecal analysis is strictly noninvasive and reveals some aspects of what was ingested by the animals the previous day(s), the dietary assessment is potentially biased towards indigestible food items such as fruit seeds, tough foliage, and insect chitin (Lahm, 1986) and the method requires repeated sampling over large stretches of time. As an alternative approach, the stable isotopes of carbon (δ13C) and nitrogen (δ15N) are increasingly used to reconstruct diet and ecological niches of wild animal species with less sampling effort (Crowley, 2012; Crowley et al., 2015). For example, patterns of seasonal dietary overlap and dietary differentiation found in isotope values of hair collected noninvasively from nests of central chimpanzees (Pan troglodytes troglodytes) and lowland gorillas (Gorilla gorilla gorilla) suggested plasticity in the feeding niches of these sympatric apes (Oelze et al., 2014), consistent with previous results based on long-term and labor-intensive fecal sample collection and analysis (Head et al., 2011).

Stable isotope analysis in samples of body tissue provides estimates of several aspects of the animals’ diet in the recent or more distant past (Crowley, 2012; Crowley et al., 2015; Sandberg et al., 2012). Feces and blood are, for example, turned over by the body fairly rapidly and are related to the diet of the previous days or weeks (Hobson & Clark, 1992). By contrast, hair keratin has a much slower turnover rate of ~1 cm per month (Tobin, 2005), although hair growth rates are yet unknown for most wild primates necessitating to fall back on human hair growth rates as a proxy (Oelze, 2016). In hair, sampling along the growth trajectory from hair root to tip allows for an isotopic time sequence of several consecutive months (O’Connell & Hedges, 1999; Oelze, 2016; Schwertl et al., 2003). The use of sequential hair isotope analysis has shown to be particularly useful to investigate dietary changes over time in response to shifts in climate and food availability as well as dietary differences between individuals within the same social group (Oelze, 2016; Oelze, Douglas, et al., 2016; Oelze et al., 2011, 2014).

Some aspects of diet may be reconstructed using stable isotopes because the ratios of the stable isotopes of carbon (13C/12C=δ13C) and nitrogen (15N/14N=δ15N) in animal bodies are sourced from the predominant foods, which can vary drastically and thus be relevant dietary markers (DeNiro & Epstein, 1978, 1981). On the one hand, the δ13C values of plants differ substantially between C3 and C4 photosynthetic pathways (Tieszen, 1991), but also between high canopy and low canopy plant resources in forest habitats (Medina & Minchin, 1980; van der Merwe & Medina, 1989), and even between photosynthetic (e.g., foliage) and reproductive plant parts (e.g., fruits and flowers; Cernusak et al., 2009). In C3 plant-dominated tropical rainforest habitats, we can expect the majority of variation in δ13C in herbivore consumers to be associated with differences in the consumption of high versus low canopy food items (e.g., arboreal fruit vs. terrestrial herbs), as well as between reproductive and photosynthetic plant parts (e.g., fruit vs. leaves; Blumenthal et al., 2016; Oelze, Douglas, et al., 2016; Roberts et al., 2017). On the other hand, the δ15N values in foods mainly relate to the trophic level of a food item, with plants revealing the lowest δ15N values (DeNiro & Epstein, 1981). Primary consumers have significantly higher δ15N values than the plants they eat, whereas carnivores reveal higher δ15N values than herbivores (DeNiro & Epstein, 1981).

While differences between some food categories can be striking, there are several environmental factors that influence the isotopic variation within plants in a given habitat, including temperature (Barnes et al., 2007), rainfall (Nardoto et al., 2008; Sealy et al., 1987), altitude (Tieszen et al., 1979), soil composition (Dawson et al., 2002), as well as canopy density (Medina & Minchin, 1980). One strategy to cope with these environmental influences is to assess the local isotope baseline using a small yet representative plant sample, ideally consisting of plant foods frequently consumed by the study subjects (Oelze, Fahy, et al., 2016; Oelze et al., 2011). There is no widespread consensus on how extensive this plant sample should be to represent the habitat, and some studies still do not include any plant samples at all (Loudon et al., 2014; Schoeninger et al., 2015; Sponheimer et al., 2006). However, while these baseline values are crucial when comparing primate groups...
ranging in different habitats with different environmental conditions (Oelze, Fahy, et al., 2016), they may be less essential to studies focusing on intracommunity differences as well as isotopic variation over time.

Isotopic patterns can vary considerably between individuals and reveal information on their access to food as well as on their physiological condition. For example, sex and/or social rank can result in biased access to specific desirable foods which can be distinct in their $\delta^{15}$N values, for example, vertebrate meat (Fahy et al., 2013; Oelze, Douglas, et al., 2016; Oelze et al., 2011). Also, the energetic demands of female reproduction (gestation and lactation) can affect her body’s nitrogen balance and thus skew the $\delta^{15}$N values (Fuller et al., 2004; Oelze, Douglas, et al., 2016). Furthermore, there is good evidence that negative energy balance due to severe nutritional stress or fasting can result in shifts in nitrogen metabolism and thus, $\delta^{15}$N values in primates (Deschner et al., 2012; Mekota et al., 2006) and other animals (Hobson et al., 1993).

In this study, we evaluate to what extent stable isotope analysis can provide novel information regarding the feeding ecology of a natural population of mandrills living at the Lékédi Park and surroundings, in Southern Gabon. In particular, we focus on the effects of shifting environmental conditions (season) and individual characteristics (age and sex) on the $\delta^{13}$C and $\delta^{15}$N values measured in mandrill body tissue samples. We here use two different sample tissues with two very different turnover rates and thus, reflecting different periods in time. Blood isotope data are considered here to reflect the recent dietary contributions of the past day(s) with relatively high accuracy, whereas hair section isotope data relate to the isotopic characteristics of foods consumed over the previous months, with data representing weekly or monthly intervals. We assess to what extent these two different sample types pick up the same isotopic patterns.

Given the previous isotopic research in the tropical forest of Gabon (Oelze et al., 2014), as well as previous observational data on this primate population (Nsi Akoué et al., 2017), we focus on the following predictions. Regarding the season of sampling, we expect isotopic values to vary between rainy and dry seasons, as fruit availability is commonly shifting with rainfall. Shifting proportions of foliage versus fruit should particularly have an effect on the $\delta^{13}$C values of mandrills, with high fruit intake periods being associated with high $\delta^{13}$C values (Blumenthal et al., 2016; Cernusak et al., 2009; Oelze, Douglas, et al., 2016; Roberts et al., 2017). Regarding individual age, we predict that the intense intrasexual competition observed in fully adult males (Setchell et al., 2005), as compared to younger nonreproductive males, may result in nutritional stress particularly during the mating season (long dry season) with higher $\delta^{15}$N values in mature males. Finally, regarding individual sex, we expect to find slightly higher $\delta^{15}$N values in all females as compared to all males as females have been shown to consume more animal food items than males (Nsi Akoué et al., 2017), which can be expected to have higher $\delta^{15}$N values than plant foods.

## 2 | MATERIALS AND METHODS

### 2.1 | Ethics statement

This study complies with ethical protocols approved by the CENAREST institution (authorization number: AR003/20/MESRSTT/ CENAREST/CG/CST/CSAR). This study adhered to the legal requirements of Gabon and to the American Society of Primatologists Principles for the ethical treatment of nonhuman primates.

### 2.2 | Site and study population

The study group originates from 65 captive individuals released into the park on two occasions in 2002 and 2006 (Peignot et al., 2008). Food supplementation with bananas and home-made cakes three to five times a week was initiated with the release, then gradually declined for a few years and totally ceased in April 2012 except during punctual trappings. The study population is monitored daily within the framework of a long-term field project (Mandrillus Project) that started in early 2012. In 2018, the group was composed of ca. 180–200 habituated and individually identified mandrills, of which ~90% were born in the wild. We collected tissue samples from a total of 43 individuals (24 males, 19 females) aged 2.2–19.3 years. Data on individual age in this study are based on observed birth dates ($n = 12$) or are based on general body conditions as well as tooth eruption and wear patterns (Galbany et al., 2014).

The study population ranges freely in the Lékédi Park and its surroundings near the village of Bakoumba. This private park covers an area of 116 km² at an elevation varying from 430 to 610 m. The habitat is composed of closed-canopy forests and patches of savanna (Brockmeyer et al., 2015). Gabon is characterized by an equatorial climate with a long rainy season (February–May; in the studied site: monthly average temperature = 23.9°C and total rainfall = 240.5 mm; data pooled from 04/2012 to 12/2014), a long dry season (June–September; 22.1°C and 18.9 mm), a short rainy season (October–November; 23.3°C and 152.3 mm), and a short dry season (December–January; 23.5°C and 133.3 mm). These four climatic seasons have been shown to result in distinct diets in the studied mandrills, with no overlap in food selection between these seasons (see fig. 1 in: Nsi Akoué et al., 2017). In addition, reproduction is highly seasonal in mandrills, with most females cycling during the long dry season and giving birth during the short dry season or at the beginning of the long rainy season (Marie J. E. Charpentier, personal observation). We, therefore, considered these four climatic seasons as a reliable indicator of the seasonality of mandrill behavior and ecology.

### 2.3 | Sample collection

We collected hair tufts and blood samples from mandrills during four capture events that occurred between April 2012 and July 2014.
During these events, mandrills were baited with food (mostly bananas) and anesthetized via blowpipe intramuscular injection of a ketamine-xylazine mix. After 30–40 min, individuals were awakened using atipamezole. During anesthesia, we plucked a hair from the mandrills’ arms or legs and stored them in paper envelopes that were then stored dry. We collected blood samples from the iliac vein using heparinized tubes. Blood samples were centrifuged (15 min at 3000 rpm) on the day of collection to obtain blood samples that were stored at −20°C (Beaulieu et al., 2017).

In 2014, we collected 24 food samples consumed by the studied mandrills, including 14 plant species, three mushrooms, and three insect species (Table S1). These items were selected randomly among the hundreds of food items known to be consumed by the studied population to gain a broad impression on the plant baseline values in the habitat, without an expectation of grasping the entire picture of plant isotope diversity. All selected plant species are frequently consumed by the studied mandrills (>0.1 occurrences per hour, as quoted 200 μl of 46 blood samples and freeze-dried these samples for 24 h before analyses. Plants were dried on the day of collection and homogenized thereafter. Insects and mushrooms were frozen at −20°C the day of collection, freeze-dried during 24 h, and then homogenized using a peg mill before analyses.

Hair sections (0.33–0.74 mg), blood (0.88–1.14 mg), and food samples (0.44–2.25 mg) were weighed into tin capsules for isotopic measurements performed parallel to the IAEA standards CH6, CH7, N1, and N2 in a FLASH HT Plus coupled to a MAT 253 IRMS (both by Thermo Fisher Scientific) at the commercial laboratory IsoDetect GmbH. Stable isotope ratios are expressed in permil (‰) using the delta (δ) notation and are calibrated against the international standard materials Vienna PeeDee Belemnite for carbon and atmospheric N2 (AIR) for nitrogen. Analytical error calculated from repetitive measurements of international and lab-internal standards materials in each run is less than 0.2‰ (2σ) for δ13N and δ15N. Stable isotope ratio values for hair sections, blood samples, and food items are hereafter referred to as δ13C_hair, δ15N_hair, δ13C_blood, and δ15N_blood as well as δ13C_diet, δ15N_diet. We removed one blood sample from the dataset because of its abnormally high value of the C:N ratio (5.10 against an average value = 3.56 ± 0.08).

2.4 Estimation of diet-tissue fractionation factors

Despite the small sample set we had for mandrill plant food items, we calculated isotopic fractionation factors for both isotope systems (Δ15N_hair-diet and Δ13C_hair-diet) between broad categories of plant foods (reproductive parts vs. nonreproductive parts; see Table S1) and individual hair sections to obtain a broad impression of which plant food category is relevant to mandrill diet and is reflected in hair isotope values. In addition, this approach controls for baseline differences and allows to compare between populations and sites with differing environmental conditions (Crowley et al., 2013; Nakagawa et al., 2007; Oelze, Fahy, et al., 2016).

2.5 Statistical analyses

We conducted all statistical analyses in SAS Studio. To test for relationships between isotopic values obtained from hair and blood samples representing the same individual and the same time window, we used Pearson correlation tests. We used linear mixed models (LMMs, proc GLIMMIX) and linear models (LMs, proc GLM) with Gaussian distributions to study the effects of seasonality and individual traits on both δ13C and δ15N recorded in hair sections (LMM) and blood samples (LM). The normality of the models’ residuals was systematically verified by visual inspection of the residuals’ distribution in qq-plots and by conducting Kolmogorov–Smirnov tests. Note that in one model (δ15N_hair), we removed six outlier samples to attain a Gaussian distribution of the data (leverage test and proc robustreg). We used differences in least square means as posthoc analyses for pairwise comparisons of categorical variables when appropriate. In all our statistical models performed, we considered all first-order interactions and kept the full models as final models excluding only nonsignificant interactions (p > .05).

We ran four independent models on the response valuables δ13C_hair, δ15N_hair, δ13C_blood, and δ15N_blood to explore the effects of season, individual age, and sex. We added the factor hair sample as a random effect in the two models on hair isotope values to control for pseudoreplication biases caused by multiple sampling of the hair tufts (Mundry & Oelze, 2015). We did not consider individuals as a random effect in the analyses based on blood samples because only a few animals out of our dataset were sampled more than once (n = 10).

We were unable to estimate mandrill hair growth rates, so we relied on human scalp hair growth rates as a rough estimate (see discussion in: Oelze, 2016). Hence, for each hair section analyzed, we calculated the corresponding time window based on a growth rate of 1 cm of hair per 30 days (Tobin, 2005), with the root date identical to the hair collection date and the distal date corresponding to 30 days before.

In all four models, we considered sex as a class variable and age as a continuous variable (calculated at the distal date for hair and at the date of collection for blood). We considered the effect of the season as a class variable with two (blood) to three (hair) modalities including a long rainy season, a long dry season, and the two short seasons that we pooled together for the models based on hair because of limited sample sizes (seven samples only were collected during the small rainy season). In the models based on blood,
we considered the season at the exact date of sampling while in the models based on hair, we considered the season at the distal date.

Food supplementation that occurred just before the beginning of sampling (early 2012) may have impacted isotope values in the distal sections of long mandrills’ hair (the ones spanning the supplementation period that ceased in April 2012). Although supplementation only constituted a limited proportion of mandrills’ diet, we conducted preliminary analyses by removing these potentially biased hair sections. We found similar results to those obtained from full datasets, and, therefore, chose to include these samples in the final models displayed.

3 | RESULTS

We obtained a total of 46 isotopic measurements for blood and 214 measurements for hair sections. The \( \delta^{13}C_{\text{hair}} \) values range from \(-26.1\%\) to \(-24.0\%\) (mean: \(-25.1 \pm 0.3\%\)), slightly higher than \( \delta^{13}C_{\text{blood}} \) values which vary between \(-27.7\%\) and \(-25.8\%\) (\(-26.6 \pm 0.4\%\)). The \( \delta^{15}N_{\text{hair}} \) values range from \(4.21\%\) to \(7.8\%\) (\(6.0 \pm 0.5\%\)) while \( \delta^{15}N_{\text{blood}} \) values vary less and range between \(5.6\%\) and \(7.5\%\) (\(6.4 \pm 0.3\%\)). Isotopic measurements retrieved from hair sections and blood samples collected from the same individual on the same day (\(n = 37\)) were significantly correlated (Figure S1).

Despite the small plant food dataset from the studied habitat, we can report that nonreproductive plant parts (\(-32.2 \pm 3.0\%\)) yielded on average \(-2\%\) lower \( \delta^{13}C \) values than reproductive plant parts (\(-30.3 \pm 2.6\%\)). In addition, \( \delta^{15}N \) values were on average higher in nonreproductive plant parts (\(6.0 \pm 3.8\%\)) than in reproductive plant parts (\(3.7 \pm 1.1\%\)). The few arthropods we analyzed (ants, butterfly, and caterpillar) did not have higher \( \delta^{15}N \) values than plant foods (Table S1). Mean fractionation factors between mandrill hair and reproductive plant parts, comprised of fruits, seeds, and some flowers, resulting in mean \( \Delta^{15}N_{\text{fruit}} \) values of \(2.3\%\) and mean \( \Delta^{13}C_{\text{fruit}} \) values of \(5.2\%\). The calculated mean fractionation values between mandrill hair and nonreproductive plant parts (leaves) were \(0.0\%\) for \( \Delta^{15}N_{\text{leaves}} \) and \(7.1\%\) for \( \Delta^{13}C_{\text{leaves}} \).

3.1 | Effect of season

In the \( \delta^{13}C_{\text{blood}} \) model, isotopic values were significantly higher during the rainy season (for detailed statistical results, see: Table 1; Figure 1a). In the \( \delta^{13}C_{\text{hair}} \) model, however, the factor season was interacting with the predictors sex and age (Table 1). In females, the lowest \( \delta^{13}C \) values of hair were found during the long rainy season, while we observed exactly the reverse in males (Figure 2). Although the interaction between age and season was not obvious, younger animals, especially males, tended to show higher \( \delta^{13}C \) values of hair (Figure 2). The \( \delta^{15}N \) values of blood were significantly higher during the long dry season compared to the long rainy season (Table 1; Figure 1b). By contrast, the effect of seasonality was not captured by the \( \delta^{15}N \) values of hair (Table 1).

3.2 | Effects of individual age and sex

Individual age had a significant effect on \( \delta^{13}C \) values of blood which decreased with mandrill’s age in male subjects (Table 1; Figure 3). Finally, we found significant interactions between individual age and sex on \( \delta^{15}N \) values of blood and hair: older males showed higher values than younger males, and this age effect was not observed in females (Table 1; Figure 4a,b).

4 | DISCUSSION

We here report the first isotopic study conducted on free-ranging mandrills in which we investigated the effects of season and individual traits such as age and sex on feeding behavior. The limited plant isotope dataset allowed a glimpse into the natural isotopic variation of food items in the mandrill habitat to understand how to interpret findings of lower or higher isotope values across seasons and individuals. Similar to isotopic values reported in several forests of Central and West African countries (Oelze, Fahy, et al., 2016; Oelze et al., 2014), the low \( \delta^{13}C \) values of the 14 plant species collected in the Lékédi Park (mean: \(-31.3\%\)) indicate that mandrill’s habitat is similarly depleted in \( ^{13}C \) as other forest habitats in Gabon, such as Loango with a mean plant \( \delta^{13}C \) value of \(-30.5\%\) (Oelze et al., 2014), although additional plant isotope data would be desirable to confirm this finding.

The \( \delta^{13}C \) values of mandrill’s hair sections (\(-25.1 \pm 0.3\%\)) are within the range of those obtained from the hair of sympatric great
apes also living in Gabon, namely central chimpanzees (from $-25.7\%$ to $-23.4\%$) and lowland gorillas (from $-27.1\%$ to $-24.5\%$) from Loango National Park (Oelze et al., 2014). Similar to these species, mandrills live in dense rainforest habitats strongly affected by the so-called canopy effect (van der Merwe & Medina, 1989). As expected, mandrills yielded much lower $\delta^{13}C$ values than those found in South African chacma baboons (ranging from $-19.8\%$ to $-18.5\%$) as these baboons live in an open semiarid environment and $\sim$20–30% of their diet is composed of C$_4$ plants (Codron et al., 2006). Mandrills showed on average higher $\delta^{15}N_{\text{hair}}$ values ($6.0 \pm 0.4\%$) than chimpanzees and gorillas from Gabon ($5.0\%$ and $4.2\%$, respectively), which is well explained by the slightly lower mean $\delta^{13}N$ value in plants from Loango ($4.2\%$ at Lékédi vs. $3.3\%$ at Loango; Oelze et al., 2014). These similarities with other species in both isotope systems would suggest that the dietary pattern observed in mandrills is comparable to the dietary niche of terrestrial great apes in other
parts of Gabon, particularly to the higher level of frugivory as seen in chimpanzees. While our food item isotope dataset was too small to conduct dietary mixing models, at least the fractionation factors we calculated between different plant categories and mandrills seem to support this finding, as the relationship between mandrill hair and the different plant foods found a better match between reproductive plant parts (fruits, seeds, and flowers) than it did with foliage. $\Delta^{13}$C$_{\text{hair-fruit}}$ values between $\sim 3\%$ and $5\%$ and $\Delta^{15}$N$_{\text{hair-fruit}}$ values between $\sim 2\%$ and $4\%$ are reported for several populations of frugivorous great apes in different regions of Africa (Oelze, Fahy, et al., 2016). This very general observation is well in line with direct observations of mandrill foraging behavior which suggests that their diet consists of $70\%$–$90\%$ of fruit (Nsi Akoué et al., 2017). For nonreproductive plant parts (foliage), the fractionation values were either too low (0.0$\%$ $\Delta^{15}$N$_{\text{hair-leaves}}$) or too high (7.1$\%$ $\Delta^{13}$C$_{\text{hair-leaves}}$) to be considered reflecting foliage as a substantial dietary contribution. However, this mismatch could also be related to a data bias introduced by using a very small and possibly not representative sample of leaves, that likely does not encompass the full isotopic variation within nonreproductive plant parts in the mandrills’ diet. Particularly leaves can vary substantially in their $\delta^{13}$C values depending on whether they are sampled on the forest floor, understory or high up in the canopy (Carlson & Crowley, 2016; Carlson & Kingston, 2014; Medina & Minchin, 1980; van der Merwe & Medina, 1991; Oelze, Douglas, et al., 2016; Oelze et al., 2014; Roberts et al., 2017), which may make comparisons of hair-leave values less reliable than calculation referring to reproductive plant parts alone (Oelze, Fahy, et al., 2016).

We found some isotopic differences across seasons. We expected to find isotopic variation in response to shifts in fruit availability between the dry and rainy seasons. In Gabon, the rainy season generally corresponds to high fruit availability (Head et al., 2011; White, 1994) and high fruit intake periods should be associated with higher $\delta^{13}$C values (Cernusak et al., 2009; Oelze, Fahy, et al., 2016;
Oelze et al., 2014). As such, we found higher $\delta^{13}C$ values of blood across all studied mandrills and also higher $\delta^{13}C$ values of hair in males during the long rainy season compared to the long dry season. It remains unclear if this seasonal pattern in $\delta^{13}C$ values could be related to general seasonal changes within the $\delta^{13}C$ values of plant food categories. Previous research on primate forest plant foods did not suggest that seasonal variation is considerable (Carlson & Kingston, 2014) and we thus did not systematically collect samples from the same food plants across different seasons in this study.

The $\delta^{13}C$ values of hair in females did not follow this seasonal pattern in $\delta^{13}C$ value, possibly reflecting some sex-related differences in physiology or seasonal feeding preferences. During the long dry season, most females are, indeed, cycling or are in early pregnancy (see fig. 1 in: Dibakou et al., 2019), and the specific nutritional demands of maternal investment have been shown to affect the feeding behavior and $\delta^{13}C$ values of other large-bodied primates (Oelze, Douglas, et al., 2016; Oelze, Fahy, et al., 2016). The long dry season also caused higher $\delta^{15}N$ values in the blood of the studied mandrills, although this season does not correspond to the highest animal’s consumption in the studied population (Nsi Akoué et al., 2017). This apparent contradictory finding probably results from highly shifted $\delta^{15}N$ values in adult male mandrills (see below).

Variation in $\delta^{13}C$ values of blood was mainly predicted by age but not sex, whereas $\delta^{15}N$ variation was driven by the interaction between individual age and sex. In blood and, to a lesser extent, in male hair section samples, the $\delta^{13}C$ values were significantly higher in young individuals compared to old mandrills. Given that variation in plant $\delta^{13}C$ values is primarily driven by canopy height (lower values in understory than in canopy) and plant part (lower values in foliage than in fruit) in rainforest communities, we can interpret higher $\delta^{13}C$ values in young mandrills to be the result of consuming significantly less low canopy plant foods and/or foliage, but more fruit from higher in the canopy. Significant diet differences across age classes have been observed during the long dry season in the studied mandrills. At this time of the year, interestingly, the highest frequencies of fruit consumption were observed in juvenile males and adolescent females (see Supporting Information in: Nsi Akoué et al., 2017). Although we cannot comment further on this possible relationship, it seems puzzling as one may predict that older and more experienced mandrills should be able to find ripe fruits better than younger individuals. Alternatively, instead of high canopy fruits, more experienced mandrills should be able to find ripe fruits better and adolescent females (see Supporting Information in: Nsi Akoué et al., 2017). While fruits of the former should result in high $\delta^{13}C$ values, because they are generally found high in the canopy, the latter should result in low $\delta^{13}C$ values because it is a terrestrial herbaceous species. These observations are consistent with our current findings.

We anticipated to additionally find another effect of age on the dietary behavior of mandrills as particularly older and reproductively active males may undergo periods of nutritional stress during and around the mating season. An endocrinological study on this mandrill population suggested high fecal glucocorticoid values in old males during the mating season (long dry season) due to the influx of new competing males and intense and aggressive male–male competition in this species (Charpentier et al., 2018). This may suggest that older males undergo negative energy balance for several months a year. Our models and the $\delta^{15}N$ values obtained from both blood and hair sections appear to support this assumption, with increasing $\delta^{15}N$ values with age in males. We assume that higher $\delta^{15}N$ values in older males result from nutritional stress in response to the intense male–male competition during the mating season. Mature male mandrills fiercely fight over access to females and dedicate less time to feeding, resulting in higher stress levels and negative energy balance (Charpentier et al., 2018). Adult males, indeed, spend less time foraging compared to all other individuals (Nsi Akoué et al., 2017). The $\delta^{15}N$ values are known to increase in response to severe negative energy balance. When basic metabolic requirements in nitrogen (protein) are not met through diet, it has to be acquired from the body own proteins through catabolism. Higher mobilization and excretion of the body own nitrogen then contributes to a reduction in body mass (Deschner et al., 2012). The reduction of net energy intake has to be substantial to lead to a reduction in body mass, and the condition has to be experienced for a prolonged period of time to affect the animal’s physiology, nitrogen balance, and in consequence, the bodies $\delta^{15}N$ values (Barboza & Parker, 2006; Hobson et al., 1993). Changes in $\delta^{15}N$ values due to nutritional stress have rarely been shown in nonhuman and human primates (Deschner et al., 2012; D’Ortenzio et al., 2015; Mekota et al., 2006, 2009). This is the first study reporting isotopic evidence for nutritional stress in a free-ranging primate supported by observational data, suggesting that nutritional stress experienced by reproductive male mandrills is traceable using isotope analysis and worth future more detailed investigation.

Finally, we anticipated finding slightly higher $\delta^{15}N$ values in all females as compared to all males. As the first direct observation of this population of mandrills suggested that females consumed more animal food items than males (Nsi Akoué et al., 2017). However, we found no support for this third prediction. We did not find higher $\delta^{15}N$ values in the three arthropods collected at the Lékédi Park than what we found in a variety of plant foods (Table S1). Furthermore, females did not show higher average $\delta^{15}N$ values than males across age classes. In fact, we found the opposite: females generally showed slightly lower $\delta^{15}N$ values than males, which we think is mainly driven by the higher $\delta^{15}N$ levels in reproductively active, and, thus, nutritionally stressed male mandrills.

This is the first isotopic investigation conducted in a large population of free-ranging mandrills. Our results partly confirm observational data, but also highlighted some potential future avenues for behavioral research, particularly regarding dietary differences
between age classes as well as nutritional stress in reproductively active males.

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DATA AVAILABILITY STATEMENT
Data used in this article is available on request.

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REFERENCES


**SUPPORTING INFORMATION**

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